

September 14, 2010

Tri-County Bicycle Association
Attn: DALMAC Fund Committee
PO BOX 22146
Lansing, MI 48909

Dear Committee Members:

Hello from the DeWitt YMCA!

Enclosed is the Grant Process Report for the Senior Old Spokes Bicycling Program at the DeWitt YMCA. I have enclosed newspaper articles, program guides, fliers, and several photographs detailing the progress of the program. We are very excited about the project and once again we would like to say thank you for making the program possible. We are entering our second session and the community has really enjoyed reconnecting with their love of riding a bike.

Should you have questions or require further information, please do not hesitate to contact me as 517-668-9622.

In YMCA Spirit,



Lisa McIntosh
Executive Director

DeWitt YMCA receives DALMAC grant

DEWITT — The DeWitt YMCA received a \$4,250 grant from the DALMAC Fund for the DeWitt YMCA Old Spokes Program.

The DeWitt YMCA will be offering free bicycling classes for seniors 55 and over who are eager to try a new adventure. The class will be available for 20 riders, 10 spots set aside for those individuals who need bicycles.

The DALMAC Fund will purchase 10 bikes, and equipment for the Old Spokes program.

The bikes will be purchased from Bikeworks in DeWitt, a new bicycle company owned and operated by Jon VanDecar.

The program will encourage seniors to participate in a life long recreational activity and to stay socially con-

nected with peers who have a common interest.

The DeWitt YMCA is excited about working with a new cycling company in DeWitt and is eager to offer this new program to seniors, said YMCA executive director, Lisa McIntosh.

The DALMAC Fund is supported by proceeds from the annual Dick Allen Lansing to Mackinaw bicycle

tour and is administered by the Tri-County Bicycle Association of Lansing, Michigan.

The DeWitt YMCA is a not for profit charitable service organization that provides services and programs to the Clinton County Area. The DeWitt YMCA has been opened since September 2007.

— From the DeWitt YMCA

Bikes arrive from Bikeworks



Installation of the bike racks were installed on June 5th.





Old Spokes Bicycle Program

The DeWitt YMCA is offering free bicycling classes for seniors ages 55 and over who are eager to try a new adventure. Bike classes will be offered on Thursdays from 11:15 am —12:15 pm for six weeks. Session will begin Thursday, July 29 and end Thursday September 2nd. The class will be available to 15 riders, 10 spots set aside for those individuals who need bicycles. Ten bicycles purchased through The DALMAC Fund will ensure that anyone who wants to participate, but doesn't have the means to purchase a bicycle will have the opportunity to join the class.

Session Dates: July 29 — September 2
Class Time: 11:15 am — 12:15 pm
Class Fee: Free
Instructor: Thom Cannell



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YMCA Program Guide in DeWitt highlighted the grant and Old Spokes program. The newsletter is sent out to 900 members, and 1200 program participants.

Stories, News and Events . . .

Dear YMCA Friends,

The YMCA is not just a place to come in and workout, it's much more! The YMCA is a place that allows people to build relationships and belong to an organization that believes in helping everyone reach their fitness goals.

I have the greatest opportunity everyday to hear the most amazing stories from volunteers, members, and staff who are working towards conquering their biggest dream, or trying to lose that last goal pound. We are truly blessed to have members who feel connected to the YMCA.

There is a place at the YMCA for everyone, and I thank all of you for being a part of the DeWitt YMCA.

In YMCA Spirit!



Lisa McIntosh,
Executive Director

The DALMAC Fund Awards Grant

The DeWitt YMCA received a \$4,250 grant from The DALMAC Fund for the DeWitt YMCA Old Spokes Program. The DeWitt YMCA will be offering free bicycling classes for seniors 55 and over who are eager to try a new adventure. The class will be available for 20 riders, 10 spots set aside for those individuals who need bicycles. The DALMAC Fund has purchased 10 bikes, and equipment for the Old Spokes program.

Open Arms Annual Campaign

The YMCA is a not for profit charitable organization that provides financial assistance to those who have the inability to afford memberships and/or program services. The YMCA does not turn back anyone for the inability to pay for services.

In 2010 we have currently raised \$26,700 on a goal of \$30,000. Your financial support to this campaign has provided memberships for teens, seniors, and families. If you know of a family member or friend that could benefit from this program, encourage them to fill out the financial application. This annual campaign strengthens our community.



We Are on Facebook!
Become a Fan Today
YMCA of Lansing, DeWitt Branch



Tim



Linda, Joan, and Kathy

Classes Include

- Getting on and off bikes
- Gears
- Stopping
- Shifting
- Stopping, and pushing off
- Helmet, clothing
- Rules of the road
- Inspect your bike
- Hand Signals
- How to ride in groups
- Bike riding 1 -10 miles

Grant Expense Report for the DeWitt YMCA Old Spokes Program

		\$4,250.
The DALMAC Grant		00
Giro Helmets	10	\$350.00
5-LED Flashpoints	10	\$80.00
Kickstands	10	\$70.00
Raleigh Detour 3.5 WMD/ 16 LT Blue	3	\$825.00
		\$1,100.
Raleigh Detour 3.5 WMD/ 19 LT Blue	4	00
Raleigh Detour 3.5 MD/19 Dark Grey	2	\$550.00
Raleigh Detour 3.5 MD/21 Dark Grey	1	\$275.00
Sport Pump- Floor	1	\$44.99
Alloy Water Bottle Cage	7	\$48.93
Alloy Water Bottle Cage	3	\$20.97
Hand Pump	1	\$26.99
Bike Seat Pack	1	\$21.99
10% Discount		-\$16.39
Bike Adapters	3	\$86.97
Traveller 4	1	\$189.00
Winterize bikes	10	\$202.37
		\$3,875.
Bikeworks		82
Building Materials, Hooks		\$174.18
Labor- construction and Installation		\$200.00
		\$374.18
Total Remaining + / -		\$0.00

Old Spokes was very well received program from members and community participants. The program really united individuals with a passion for cycling and riding with groups of people. The bikes were purchased from Bikeworks, and we have used some great resources to get the program off the ground. Your grant gave us the opportunity to offer a quality program to the tri-county area. We recognize the importance of being a healthy community organization and ensure you that participants are enjoying their bicycling experience.

*Thank You -
Lisa McIntosh*